



HOMEBOUND

Devotionals

Day 10 — Ephesians 4

1. When you look at what is going on through social media, do you see it being more positive, or more negative? When you look at the content that you share, is it positive or negative?
2. *Read Ephesians 4* with your group. When considering the words that come from your mouth, are you more likely to say something that is encouraging and building up, or more likely to say something that is negative and tearing down?
3. When we consider how God forgave us, He forgave us completely, not holding our transgressions against us, and making a way for us to be reconciled to Him. Think of someone you are withholding forgiveness, and pray to God to give you the strength to forgive as God in Christ forgave you.



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Call to Action:

As you are staying home and being stuck inside, it is easy to let tempers rise with family and those we are close to. Do your best to not bicker with one another, but rather to encourage one another. Take this time even to say something positive and encouraging to each person in your household. Even go so far to forgive if you have been withholding forgiveness.

Closing Prayer:

“Dear God, the tongue is difficult to control. I find myself in anger and frustration saying things that are not encouraging, but rather saying things that tear others down. Give me the strength to control my tongue, and to say what is uplifting and encouraging. Thank you for your forgiveness, and may I truly understand the extent that you have forgiven me, and therefore extend that same forgiveness to those who have hurt me. Amen.”

Trick Shot Challenge:

Send us your best trick shots. Take a video of you or someone in your family making an extravagant shot with a basketball, football, soccer ball, ping pong ball, or whatever you so choose. A couple of rules: try to keep the videos to under 30 seconds and videos that have been edited will be disqualified. Send all submissions to centerchristian03@gmail.com. The winners will be picked next Sunday.